

WEEK 4

August 7th to August 13th

Autumn Glen Menu

Supper Menu

Breakfast: 7:30-9am

Lunch: 11:30am-1pm

Dinner: 4:30-6:00pm

Starters

- 1.Small Side Salad *
- 2.Side of Fruit
- 3.Cup of Soup
- 4.Cup of Cottage Cheese

* Dressings include: Ranch, Blue Cheese, French, Thousand Island, Raspberry Vinaigrette, Honey Mustard

A la Carte Items

We have White, Wheat or Rye Bread with choice of Swiss or Cheddar

- 8.Sliced Ham Sandwich
- 9.Hamburger
- 10.Bacon Cheeseburger
- 11.Grilled Chicken Sandwich

13.Lasagna

Italian sausage and tomato sauce, layered with mozzarella cheese and lasagna noodles, baked to perfection



14.Teriyaki Pork Stir Fry

Roasted pork and stir fry vegetables in a tangy teriyaki sauce, served over rice



15.Southwest Chicken Salad

Diced chicken, roma tomatoes, black beans, corn & fried tortilla strips on a bed of lettuce, served with a cilantro dressing



Denotes Healthy Choice

*** All items Served with a choice of side items unless noted

Sides

- Chips
- French Fries
- Tater Tots
- Vegetable of the day

Dessert

- 19.Ice Cream
- 20.Pudding
- 21.Dessert of the Day
- 22.Cookie

